

# Canteen

## Term 2 2018

### Make Your Own Sandwich

White / wholemeal bread

Vegemite	\$2.50
Cheese	\$3.00
Egg	\$3.00
Ham	\$3.50
Chicken	\$3.50
Tuna	\$3.50

Extras (tomato, cheese, lettuce) \$ .50

### Make Your Own Roll or Wrap

White / wholemeal roll or wrap extra \$ .50

Gluten free bread / roll / wrap extra \$2.00

### Toasties

Choose your fillings and get your cafe made sandwich freshly toasted in the school canteen. From \$3.20

Gluten Free available.

### Sushi

Choice of flavours: \$2.50

Tuna, Terriyaki Chicken, Avocado, California or Egg.

Individual soy sauce \$ .15

**Rice Paper Rolls Twin pack** \$5.00

Choice of flavours (includes soy sauce):

Vegetable (carrot, avocado, lettuce, noodles & sweet chilli)

Chicken (chicken, carrot, lettuce, noodles & sweet chilli)

Prawn (Cooked prawn, carrot, lettuce, noodles & sweet chilli)

### Hot Pastas

Penne Napoli \$6.00

Penne bolognaise \$6.00

### Salad bowls

Lettuce, tomato, carrot & cucumber \$3.50

Add chicken \$4.50

Add tuna \$4.50

### Snacks

Anzac Cookie (low sugar & DF) \$2.00

Slice of Banana Bread (GF) \$1.50

Bag of popcorn (GF) \$ .60

Single piece of fruit \$ .50

Fresh Fruit salad bowl \$3.50

### Yoghurts

Nudie Coconut Yoghurt Vanilla \$3.50

Chobani squeeze yoghurt 140g flavours \$2.50

Squeezie yoghurt 70g flavours \$1.30

### Drinks

Flavoured milk 250ml (Choc/S'berry) \$1.20

Raw C coconut milk 300ml (Choc/vanilla) \$3.50

Apple Juice Popper (low sugar organic) \$2.00

Berry Juice Popper (low sugar organic) \$2.00

Frozen Apple juice popper \$2.00

### Packaging

\*\*Please send along your named, reusable lunch bags to reduce packaging.

Paper bag \$0.10

Reusable Lunch Bags \$4.00

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**Order by 9.00am Thursday mornings**